

## **POCKET PRAYERS FOR DELIVERANCE NOW**

**PAUSE the video as needed during your prayer.**

### **EMBRACE AND DECLARE JESUS' LORDSHIP**

Lord Jesus Christ, I believe that you are the Son of God and the only way to the Father. I confess that I have sinned and that I need You. I come to You now with a repentant heart seeking Your forgiveness and Your mercy. I thank You for bearing my sins and dying on the cross for me so that I may be delivered from the penalty of my sins. I trust You as my Savior and I invite You now to be Lord of every part of my life—Lord of my mind and all my thoughts, Lord of my emotions and all my feelings and reactions, Lord of my will and all my decisions, Lord of my body and all my behavior, Lord of my spirit and my relationship with You, and Lord of my time, my work, my family, my home, my possessions and all my relationships. Thank You that You shed Your blood so that I can be free.

Father, thank you for Jesus and for my salvation. Thank You for this moment that I believe to be ordained by You. I recognize and acknowledge the presence of Your Holy Spirit and seek His guidance as I seek to break my bondages and be free from the tormentors. I am ever aware that apart from You I can do nothing. Give me clear direction as I receive anointing for this moment and claim my complete freedom. I pray this in the name of Jesus. Amen.

### **BREAK GENERATIONAL CURSES**

I freely forgive all of my ancestors for all of the things they have done which have adversely affected me. I specifically renounce the consequences of their sins in Jesus' name. And I ask you, Father, to forgive my ancestors' sins and to break any related curses or demonic attachments. As a child of God I now claim that the power of the blood of Jesus is setting me free from the consequences of generational sins. I claim my freedom from the consequences of all occult activity on either my father or my mother's family lines, from curses or pronouncements that have had an effect on my life, from hereditary diseases and from the effects of any of their sins that have influenced me.

***[PAUSE this video now if applicable - If any known occult activity existed, it should be specifically named and confessed.]***

I separate and cut myself off from all generational curses. I renounce and confess as sin all unholy oaths, and vows, pledges and ceremonies, and separate myself from those curses. I thank you that on the cross I was redeemed from the curses and receive the blessings and I claim that now. I denounce and confess as sin all unholy soul ties because Jesus Christ is my Savior and Lord. He is my deliverer and healer and He broke the power of curses. I pray this in the name of Jesus. Amen.

## **FORGIVE OTHERS WHO HAVE HURT YOU**

I thank you, Lord Jesus, for dying that I might be forgiven. I confess that, as a result of being hurt, I have allowed myself to hold anger, resentment, bitterness and unforgiveness in my heart against others. I acknowledge this as sin, and I now repent and turn from these behaviors and attitudes. I ask You to please forgive me and cleanse me. By an act of my will I now choose to forgive those who have hurt me. Because You forgave me, I choose to forgive others, everyone who has hurt me, lied to me or disappointed me, I forgive.

***[PAUSE this video now - Name all the people you need to forgive. You can whisper or say aloud or to yourself the names...ALL of them you can recall. Ask Holy Spirit to bring to your mind names you may have forgotten who need to be forgiven. It doesn't mean what they did to you was right. It just means you are forgiving them so that you can be forgiven by the Lord. If you don't forgive you will not be forgiven and not delivered from the tormentors. See Matthew 6:14-15 "For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins." NIV]***

Lord I forgive them all now. **I release each and every** one of these people into the freedom of my forgiveness. Thank You Lord Jesus. Amen.

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## **FORGIVE YOURSELF**

Thank you Father for forgiving me for the sins that I have committed. I now choose to forgive myself for the things for which I know You have already forgiven me. In Jesus' name, amen.

***[PAUSE this video now: Take some time here and sincerely forgive yourself. To NOT forgive yourself is sin and will leave a door for the enemy to remain. So confess this unforgiveness as sin and ask for the Lord's forgiveness.]***

## **FORGIVE GOD**

I confess that I have blamed You, Lord, for things for which You were not responsible. I recognize this to be sin, and I ask You to forgive me. I know that my sin breaks Your heart and causes You pain and for that I am very sorry. Thank you for loving me and promising to set me free. I pray this in the name of Jesus. Amen.

## **CONFESS KNOWN OCCULT SINS**

Father, I confess that I have sinned against You and Your Word by my involvement with the following occult practices (if known to you).

***[PAUSE this video now: speak out here all known involvements].***

I acknowledge that ultimately all these practices are the worship of Satan, and I choose now to place Jesus on the throne of my life.

## **CONFESS OTHER OCCULTIC SINS**

I ask You now to forgive me for any and all occultic involvements that I may have knowingly or unknowingly entered into such as playing with Ouija boards, reading horoscopes, visiting psychics, hypnosis, tarot cards, belief in reincarnation, hypnosis, occultic games and other such activities for which I may not be aware are sinful. I acknowledge that ultimately all such practices are the worship of Satan, and I choose now to place Jesus on the throne of my life. I pray this in the name of Jesus. Amen.

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## **CONFESS SEXUAL SIN**

Father, I confess that at various times in my life I have been powerless against the continuing attacks of the enemy on my sexuality. I have chosen to sin in various ways and ask you to forgive me specifically for the following: premarital sex, extra marital sex (infidelity), living together without being married, pornography, abortion as a result of unplanned pregnancy...and any and all additional sexual sins.

***[PAUSE this video now: specifically name aloud all sexual sins that the Holy Spirit brings back to memory].***

I renounce these sins, activities and inappropriate relationships. I come to You now with a repentant heart seeking Your forgiveness and Your mercy. I ask you to cleanse my memories, heal my hurts, and forgive me. I pray this in the name of Jesus. Amen.

## **CONFESS HABITUAL SINS**

Father, I confess and repent of idolatry, pride, anger, lust, bitterness, hatred, rebellion and disobedience - including any dishonor toward my father and mother, resentment, unforgiveness, revenge, envy, jealousy, strife, gluttony, witchcraft, laziness and unbelief. I put it all under the blood of Jesus.

Father, I ask you to forgive me for my habitual sins of \_\_\_\_\_ and \_\_\_\_\_:

***[PAUSE this video now: and speak to the Lord the specific sins or involvements currently not confessed-He knows about them anyway so voluntarily confess them now.]***

I now turn away from my sins and my former lifestyle. I ask You, Father, to forgive me for all my transgressions. Give me discernment to recognize temptation when it comes, and the strength to resist it with Your help. Thank you that Jesus' blood was shed that I might be made clean. I ask you to cleanse me now from all unrighteousness. I take full responsibility for choosing to sin in this way. I ask that You set me free from the chains and strongholds (incorrect thinking patterns) that have bound me to these sins and this lifestyle. I pray this in the name of Jesus. Amen.

## **BREAK UNGODLY SOUL TIES**

Lord Jesus, I ask You to break all ungodly spirit, soul, body and relationship ties that have been established between others and myself. These soul ties include those with whom there has been sex outside of marriage, ex-spouses, abuse of any kind, witchcraft, false religion, sharing of pornography, drugs and alcohol. I sever that linking supernaturally and ask God to remove from me all influence of these people and draw back to myself every part that has been wrongfully tied in bondage to another person. I now speak directly to every evil spirit that has taken advantage of this ungodly soul tie. You no longer have rights here, and I order you to leave now without hurting or harming me or any other person and without oppressing any other members of my family. I pray this in the name of Jesus. Amen.

## **RENOUNCE SATAN'S WORK AND CAST OUT DEMONS**

Satan, I hereby renounce you, your demon minions, your kingdom and all your works in my life. By the authority given to me by Jesus Christ of Nazareth I hereby close any open doors and entry points to my life previously gained through my sins and those of my ancestors. I speak out, in the name of Jesus who defeated you at Calvary. You or any of your minions no longer have any legal right to oppress me on any issues that I have already confessed, repented of and been forgiven. I have been cleansed by the shed blood of my Lord and Savior Jesus Christ. I now take authority over every demonic spirit assigned to me which cannot confess the Lordship of Jesus Christ of Nazareth who came in the flesh. I remind you of Jesus' death, burial, resurrection, ascension into heaven, and His place of authority at the Father's right hand. I remind you that all authority in heaven and on earth belongs to Jesus and that I too belong to Jesus and share in His authority. And I now command that all demons are bound, muted and powerless against me. I command you to leave me now. I cast you out and command you to go where the Lord Jesus tells you to go. You will be silent and will do no harm as you depart. As you have been commanded you cannot split, divide, multiply, fragment, clone or in any way nor pass your duties on to any other demons. Your kingdom will be completely and totally destroyed. Any

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damage, disorder, sickness, or disease must be put back in its rightful order just as JEHOVAH GOD intended it to be. I bind you. You will not return to me, my family, or my home. I pray this in the name of Jesus. Amen.

**[Sometimes the demons and unclean spirits come out in a sigh, a burp, a sneeze, a cough or a yawn so don't be surprised if and when that happens]**

## **WELCOME THE FILLING OF THE HOLY SPIRIT**

Lord Jesus, I give my entire being—spirit, soul and body—into your hands. I invite you now to fill me with your Holy Spirit, that I may be totally Yours. Thank you Lord Jesus. I love You. I thank You. Thank You Lord Jesus. Praise Your Name. Jesus. Thank You Lord Jesus for my freedom. Amen.

**[I recommend praying this prayer on a regular basis because deliverance is a continuous process and should be part of everyday Christianity.]**

**(These prayers adapted from various sources including Peter Horrobin publications and Don Dickerman ministries and others)**

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